## Introduction to Art for Wellbeing



#### Adult

On this course you will be able to explore a variety of methods and techniques using natural dyes and resources as well as traditional resources to produce creative artwork and develop your skills through observation and experimentation.

You will develop an understanding of colour theory, painting applications and drawing skills.

The course runs in our new classrooms at the Duchy College Rosewarne campus.

The Road to Wellbeing courses are relaxed and informal, enabling you to improve your wellbeing and mental health, building your self-confidence and self-esteem. Attending our classes is a great way of meeting new people, making friends and developing personal and vocational skills.

Duration - 8-12 weeks - half a day per week either morning or afternoon.

You will be expected to attend each week.

Find out more about courses to support mental health and wellbeing



Scan the QR Code for full course description, assessment and progression options from this course

#### **ENTRY REQUIREMENTS**

Our courses are for anyone aged 19+ who is experiencing or recovering from mental ill-health.

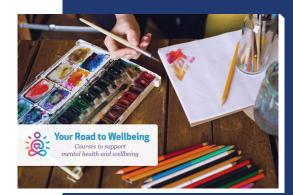


### LOCATION & NEXT START DATE(S)

Boundervean Resource Centre - As required Boundervean Resource Centre - As required













Find out more and apply online



# **Introduction to Art for Wellbeing**





## Adult

<b>LEVEL</b> No Qualification	<b>DURATION</b> 8-12 weeks – half a day per week either morning or afternoon.
ATTENDANCE	FEES
Part-time	Tuition Fees: £0.00

Fees apply to adults and HE students only. Only the most common fees scenario is shown. Actual fees may vary depending on your personal situation. Please contact us for further information. Courses listed on this website are indicative of the subject, nature and level of study. The College reserves the right to alter specific qualifications titles, awarding bodies and levels of qualification, which can change in year. Any cost may also vary, based on personal funding eligibility. The Cornwall College Group reserves the right to withdraw any course listed at any time.

#### **Explore Our Courses & Apprenticeships**

Join us for a campus tour, meet our dedicated team, and get all your questions answered. Scan the QR code to register for our next Open Event or Taster Day.











Find out more and apply online

